

SCHOOL SWIMMING – PARENTAL INFORMATION FORM

NAME OF PUPIL	
DATE OF BIRTH	
SCHOOL	
CLASS	
ADDRESS	
TELEPHONE NUMBER	

As part of your child's education, he/she will be undertaking swimming lessons this year. It is important that the swimming teacher/instructor has the following information concerning your child:

	Yes	No
Does your child suffer from any medical condition which may affect their safety whilst swimming, e.g. <ul style="list-style-type: none"> ▪ Asthma (please bring inhaler to every swimming session), ▪ Epilepsy ▪ Sensory impairment e.g., deaf ▪ Grommets (wearing a swimming cap & ear plugs is recommended) ▪ Diabetes, etc If 'Yes', please give details:		
Does your child take medication on a regular basis? If 'Yes', please give details:		

Swimming Ability:

Non-swimmer	5m	10m	25m	50m+	Any other awards (please specify):

Chemicals in the water in swimming pools affect my child's eyes. I give my Permission for my child to wear goggles during swimming lessons and that they know how to use them safely and accept responsibility should my child be injured as a result of wearing goggles.

I am aware that my child will not be allowed to wear goggles for specific water or diving activities for safety reasons.

I am aware that all jewellery is to be removed prior to swimming activities. If a pupil does have earrings in that cannot be removed, they must wear a swimming cap which can be pulled over their ears.

Signature of Parent/Guardian

Date

Please note - your child can only be excluded from school swimming on medical grounds as this is a part of the PE National Curriculum. Please return this form to school thank you.

Example accompanying letter

Dear Parent/Guardian

Your child will be attending school swimming lessons in theterm / s.

They will be attending on(day)forweeks.

We would appreciate it you could complete the enclosed 'Swimming – Parental Information Form' and return it to school by(date)

Please be aware of the following rules:

Swimwear must be suitable for the purpose and preferably of a dark colour to enable the swimmer to be seen clearly underwater. Girls must wear a one-piece swimming costume and boys must wear swimming trunks. The School Swimming Instructor may allow boys to wear appropriate shorts; however, these must not be below the knee. Large baggy shorts will impede the pupil's movements in the water, as well as restrict the view of the teachers in seeing the movements that limbs and joints are making in the water.

Goggles should only be allowed, when chemicals in the water may affect eyes. Goggles should be made of unbreakable plastic or rubber materials and children taught to use them correctly and safely prior to their attendance at the pool. Pupils who wish to wear goggles must have a permission slip signed by their parent/guardian/carer (included on the Information Form).

Hair must be tied back if long or of a length which might impair vision. It is highly recommended that children wear swimming hats. For facilities that share the pool with members of the public, it is very **strongly** recommended that children wear swimming hats, to ensure that pupils are easily identified.

Jewellery/watches must be removed prior to the swimming lesson (plasters covering newly pierced parts of the body will not be allowed due to plasters in the water becoming a choking hazard). It is strongly advisable that any pupils that wish to have body piercing do so at the beginning of the School Summer holidays. *Please ensure that you quote what is in your School Policy. **If a pupil is wearing earrings which cannot be taken out, they must then wear a swimming cap pulled over their ears to cover the earrings.***

Safety medic-alert bracelets or necklaces should be removed and given to the Adult in Charge for safe keeping during the swimming lesson and returned to the pupil immediately the pupil exits from the water. If the bracelet is unable to be removed, it may be taped over securely with waterproof tape / sweat band.

(The school can add/amend any other aspects appropriate to their school, including what children should bring.)